WHAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination

Caterlink is an award winning food service provider catering for primary schools.

We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it!
JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: **www.caterlinkltd.co.uk**
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards.**
We hope your child enjoys our new menus.

www.caterlinkltd.co.uk

Please visit the website for current updates



FRESH + HEALTHY = TASTY

DISCOVERY DAYS AVAILABLE THIS TERM





Available at participating schools only.

Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.



If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

	ONE 4 Sept, 25 Sept, 16 Oct 13 Nov, 4 Dec	TWO 11 Sept, 2 Oct, 30 Oct 20 Nov, 11 Dec	THREE 18 Sept, 9 Oct, 6 Nov 27 Nov, 18 Dec
MONDAY	**Sausages with Mashed Potatoes & Gravy** **Quorn Sausages & Mash with Gravy** Cauliflower & Peas **Wholemeal Plum & Vanilla Crumble with Custard** **Yoghurt / Fresh Fruit Platter**	**Beef Burger with Jacket Wedges** **Vegetable Lasagne Jacket Wedges** Coleslaw & Sweetcorn **Orange Bread & Butter Pudding with Custard** **Yoghurt / Fresh Fruit Platter**	**BBQ Chicken Pizza with Jacket Wedges** **Bean Vegetable Chilli with Rice** Sweetcorn & Mixed Peppers **Pear Sponge with Custard** **Yoghurt / Fresh Fruit Platter**
TUESDAY	**Shepherd's Pie with Gravy** **Sweet & Sour Vegetables with Noodles** Carrots & Green Beans **Apple & Raisin Flapjack** **Yoghurt / Fresh Fruit Salad**	**Chicken Neapolitan Wholemeal Pasta** **Lentil & Basil Puff Pastry Turnover with New Potatoes** Broccoli & Carrots **Wholemeal Banana Loaf** **Yoghurt / Fresh Fruit Chunks**	**Minced Beef & Onion Pie with Mashed Potatoes** **Vegetable Wholemeal Pasta Bake** Green Beans & Glazed Carrots **Rice Pudding with Mixed Berries** **Yoghurt / Fresh Fruit Salad**
WEDNESDAY	**Roast (as advertised) with Roast Potatoes & Gravy** **Quorn Roast with Roast Potatoes & Gravy** Savoy Cabbage & Swede **Carrot & Courgette Cake with Custard** **Yoghurt / Fresh Fruit Platter**	**Roast Turkey with Roast Potatoes & Gravy** **Mixed Vegetable Loaf with Roast Potatoes & Gravy** Carrots & Courgettes **Vanilla Shortbread** **Yoghurt / Fresh Fruit Salad**	**Roast Chicken with Stuffing with Roast Potatoes & Gravy** **Vegetable Wellington with Roast Potatoes & Gravy** Savoy Cabbage & Sweetcorn **Cheese, Apple & Biscuits** **Yoghurt / Fresh Fruit Chunks**
THURSDAY	**Chicken Tikka with Rice** **Creamy Vegetable Pie with Mashed Potato Topping** Sweetcorn & Peppers **Dutch Apple Pie & Custard** **Yoghurt / Fresh Fruit Salad**	**Spaghetti Beef Bolognese** **Lentil & Sweet Potato Curry with Rice** Roasted Mixed Vegetables **Eves Pudding with Custard** **Yoghurt / Fresh Fruit Platter**	**Beef Lasagne** **Red Pepper Frittata with New Potatoes** Broccoli & Tomato Salad **Apple & Raisin Strudel with Custard** **Yoghurt / Fresh Fruit Salad**
FRIDAY	**MSC Salmon Fishcake with Chips** **Macaroni Cheese with Garlic Slice** Baked Beans & Garden Peas **Lemon Drizzle Cake** **Yoghurt / Fresh Fruit Chunks**	**MSC Fish Fingers with Chips** **Cheese & Tomato Quiche with Chips** Baked Beans & Garden Peas **Chocolate & Beetroot Brownie** **Yoghurt / Fresh Fruit Chunks**	**MSC Breaded or Battered Fish with Chips** **Cheese & Tomato Pizza with Chips** Garden Peas & Baked Beans **Yoghurt / Fresh Fruit Platter**

AVAILABLE EVERY DAY...

Jacket Potatoes
freshly cooked daily where advertised with a choice of fillings

Bread
freshly baked on site daily

Daily salad selection
there will be a selection of salad items available daily

Fresh Fruit & Yoghurt
available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

V **Vegetarian option**

Oily fish

Marine Stewardship Council details
Web: www.msc.org
Chain of Custody Registration Code MSC-C-54995