



MKC Heroes



Dear Parents and Carers,

Military Kids' Club Heroes, Saltash has been awarded some funding for an exciting creative project!

Artists from the Cornwall-based 'Workshops for Children' have been engaged to run a day of creative workshops as part of Saltash Regatta on **Saturday 9th June**. Art and tactical creation activities are cathartic for children who have a deployed family member and have to deal with constant change, separation anxiety, worry that the parent may not return, insecurity, mood changes and so on. This project will allow the children to express how they feel to be a child in a Forces' family and the positive qualities they are developing.

The project will produce 2 – 4 4ftx4ft interior wall hangings / collages (final hanging locations tbc!) and will incorporate (but definitely not limited to) the wide ranging themes of: submarines, planes, anxiety, pride, friendship, soldiers, ships, green berets, loud bangs and, separation, which are themes that have been discussed by, and are important to, Forces' children. If you could also talk to your children and ask them what is important to them and how they feel about life as a Military child then that can be used on the day too. We would also really like the children to supplement the materials used by the artist with small artefacts that mean something to them to add to the project (such as uniform buttons, a toy soldier, small, old pieces of kit, cap tallies etc)

In addition, we are inviting non Military children to take part in the workshops too, as this will highlight the support given to the Forces community as well as raising awareness of MKC Heroes. Around 5000 people visit the Regatta, so the workshops will be an excellent platform to raise awareness of the sort of places the parents of the children visit, and the work they do.

There will be 3 sessions specifically for Military children at **10-10.40, 11- 11.40 and 12-12.40** These need to be pre-booked and a parent or carer will need to accompany their own children. We are also asking for a voluntary donation of £1 per family as the total cost of the workshop isn't fully covered by the funding. These sessions will hopefully provide a fun, creative time for the children to create wonderful collages.

These sessions will be followed by a drop in session from 1.30 -4 for all other children.

We really hope to encourage as many Forces' children to join in as possible, although it will have to be pre-booked on a first come, first served basis. If your children are interested please can you contact me ASAP and indicate which session you would like to attend.

This is a really exciting project and the finished products will be hung in public spaces to give the children pride as well as highlighting how resilient, strong, adaptable and supportive our Forces' children are, in addition to showing how much strength they draw from the wider community.

Please contact me on teresalindeyer@hotmail.co.uk to book or for more information.

We look forward to welcoming you and your children on **Saturday 9th June**.

Teresa Lindeyer.