

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Summer Silver Menu 2018

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognaise	Roast Pork with Roast New Potatoes & Gravy	Mediterranean Chicken with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
16/04/2018	<b>Vegetarian</b>	Wholemeal Pasta Neapolitan with Spinach	Soya Mince & Veg Stir Fry with Noodles	Quorn Roast with Roast New Potatoes & Gravy	Cheese and Tomato Pizza with Potato Wedges	Cheese, Onion and Spinach Quiche with Chips
07/05/2018		Carrots	Sweetcorn	Fresh Mixed Seasonal Vegetables	Mixed Peppers & Green Beans	Baked Beans
04/06/2018		Garden Peas	Broccoli			Garden Peas
25/06/2018	<b>Dessert</b>	Wholemeal Peach Crumble with Custard	Chocolate and Beetroot Brownie and Custard	Sliced Cheese, Apple and Biscuits	Apple Pie with Custard	Iced Sponge and Custard
16/07/2018		Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Salad
<b>Week 2</b>	<b>Main</b>	Chicken Arrabiata Pasta	Beef and Bean Fajitas with Baked Jacket Wedges	Roast Turkey with Roast Potatoes & Gravy	Jollof Rice with Chicken	Breaded Fish Chips, Tomato Sauce
23/04/2018	<b>Vegetarian</b>	Quorn Spaghetti Bolognaise	Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Macaroni Cheese with Tomato topping	Spicy Bean Burger with Chips
14/05/2018		Roasted Peppers & Sweetcorn Mix	Mixed Green Salad	Fresh Mixed Seasonal Vegetables	Broccoli	Baked Beans
11/06/2018		Berry and Apple Cobbler & Cream	Coleslaw		Sweet corn	Garden Peas
02/07/2018	<b>Dessert</b>	Yoghurt	Lemon Drizzle and Custard	Oaty Cookie with Fruit Yoghurt	Chocolate Mandarin Sponge with Choc Sauce	Fruit Yoghurt
23/07/2018		Fresh Fruit Salad	Yoghurt	Yoghurt	Yoghurt	Fresh Fruit Salad
			Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Platter	
<b>Week 3</b>	<b>Main</b>	Cajun Chicken with Rice	Wholemeal Beef and Red Pepper Pizza with Baby New Potatoes	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef in Soy Sauce with Noodles	Fish in Batter, Chips, Tomato Sauce
30/04/2018	<b>Vegetarian</b>	Lentil and Sweet Potato Curry with Rice	Spanish Omelette with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Cheese and Tomato French Bread Pizza with Chips
21/05/2018		Mixed Peppers & Green Beans	Sweetcorn and Roasted Tomatoes	Fresh Mixed Seasonal Vegetables	Broccoli and Cauliflower	Garden Peas
18/06/2018	<b>Dessert</b>	Apple Crumble with Custard	Fruit Yoghurt	Apple Flapjack	Peach Upside Down Cake and Custard	Vanilla Shortbread
09/07/2018		Yoghurt	Fresh Fruit Platter	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit Salad		Fresh Fruit Salad	Yoghurt Fresh Fruit Platter	Fresh Fruit Salad



Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and yoghurt