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Think about real life superheroes. Do you know how guide dogs help people? See if you can find out.	Practise writing your name EVERYDAY. See if you can write it in different way like shaving foam, paint or in the mud.	Play a number board game like snakes and ladders. Or make your own game of number snap!	Go outside and stretch your bodies. Make sure you move you shoulders and elbows to help with those fine motor skills. Why not try some throwing and catching?
Number 2! Can you find 2 blue things, 2 things that are soft, 2 books, 2 stones and 2 things that are wooden.	What does a vet do? Can you draw a picture of a vet with your favourite animal?	Talk about what does and does not make a good friend. Make a list of rules or a poster about being a good friend.	Read with an adult everyday. That can be a school book or a book that you have at home.
Play I spy, can you find things that start with a, m, s and d?	Can you practise writing number 2? "half a heart says I love you, add a line. Now I've made the number 2!"	Do some cosmic kids yoga, listen to a story or go on an adventure! <u>https://www.cosmickids.com/category/watch/</u>	Practise your buttons! Make sure you can button up your shirt or dress. Why not try shoe laces too?
Can you play a missing number game? Adults write down a group of numbers with one number missing, children add it in! Start with 0-5 and see if you can make it harder!	Pick any activity you like off: <u>https://www.bl.uk/childrens-</u> <u>books/themes/all-activities</u>	Read your favourite book in a different place, maybe at the park, up a tree or just in the sunshine.	How do the RNLI help us? Look on <u>https://rnli.org/youth-</u> <u>education/education-</u> <u>resources/lower-primary</u> for some fun ideas and information.