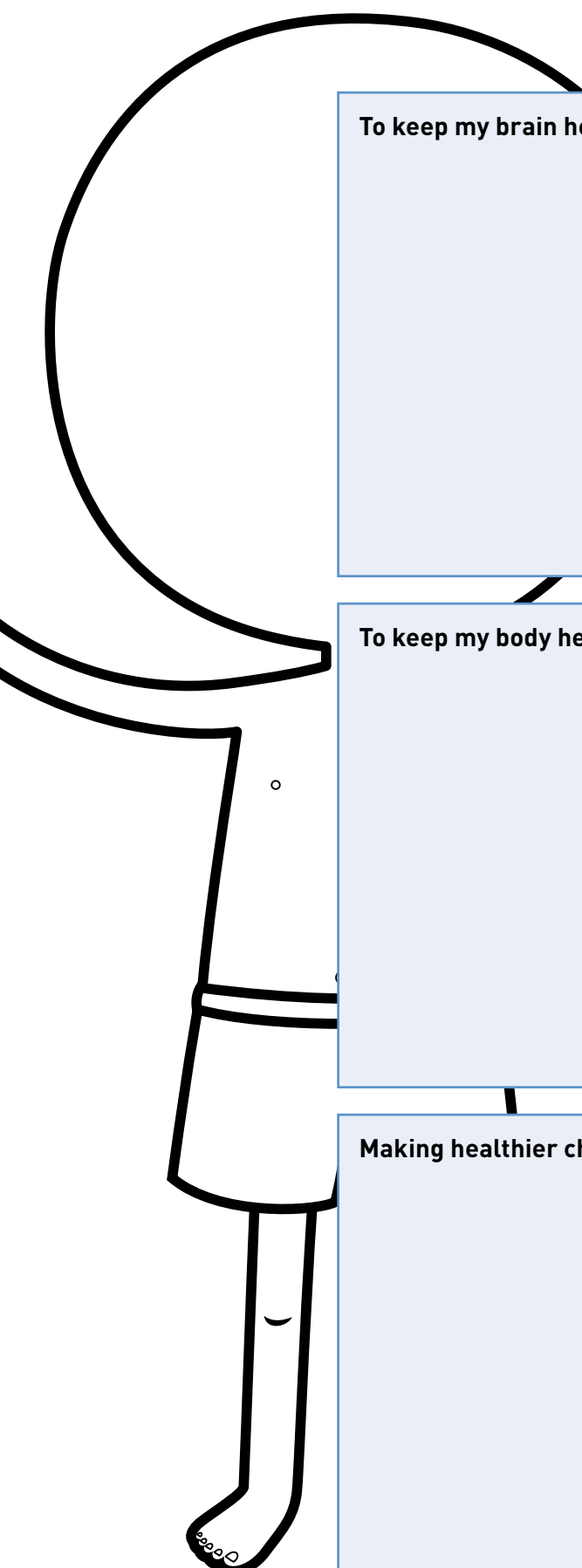




Healthy Me

Healthy Happy Me Recipe Template - Ages 6-7 - Piece 6

A simple line drawing of a cartoon character on the left side of the page. It has a large, round head, a small body, and is wearing a long, thin skirt or dress. The character's arms and legs are simple lines, and it has a small smile.

To keep my brain healthy, I need to...

To keep my body healthy I need to...

Making healthier choices makes me feel...