



BISHOP CORNISH CHURCH OF ENGLAND V.A. PRIMARY SCHOOL

Lynher Drive Saltash Cornwall PL12 4PA

Head Teacher: Mrs Sue Green

Tel: 01752 845463 Fax: 01752 848055



Tuesday, 05 September 2017

Dear Children and Parents **CROSS COUNTRY CLUB - MONDAY'S 3.20 - 4.15**

I am really looking forward to our Monday Cross Country Club and I am delighted that your child wishes to take part.

Each week the children will need to bring a **tracksuit** and **suitable trainers** - they will get muddy, so please do ensure you send a plastic bag for them to put their kit into after the training session if they are to go in a car! Our aim is that, unless there is something unforeseen, the session will take place **whatever the weather!!** Having suitable footwear is essential - plimsolls will not provide the grip or protection when running on a muddy field!

If your child is walking home please can you put this in writing. However, as we enter the winter months, it will be going dark earlier so children will need to be picked up then!

Please do let me know if your child is unable to attend for any reason.

During the year we take part in the SE Cornwall Cross Country League and, in preparation for every race, we hold trials. We also encourage the children to do the Saltash Half Marathon Challenge, whereby we run a mile every week for 12 weeks and then the children complete the final mile for a Half Marathon medal. Every year we are thrilled by the children's performances and feel sure that this year will be the same.

Yours sincerely,

Mrs S. C. Green
Head Teacher

CROSS COUNTRY CLUB

Name

Year.....

My child would like to attend Cross Country Club. I will inform the school if they are unable to attend for any reason.

Signed Parent / Carer